

# Welcoming the New Year: Strengthening Family Bonds & Navigating Conversations About Accepting Care

As the festive season wraps up, we hope everyone had a joyful Christmas with family and friends. Now that 2025 is here, it's the perfect time to reflect on the past year and plan for a fresh start. One meaningful resolution is ensuring your loved ones receive the support they need to live safely and happily.

Starting a conversation about accepting care can feel overwhelming. However, with a thoughtful approach, it can improve your loved one's quality of life and provide you with peace of mind. Here are four tips to make the discussion easier:

## 1. Start Small

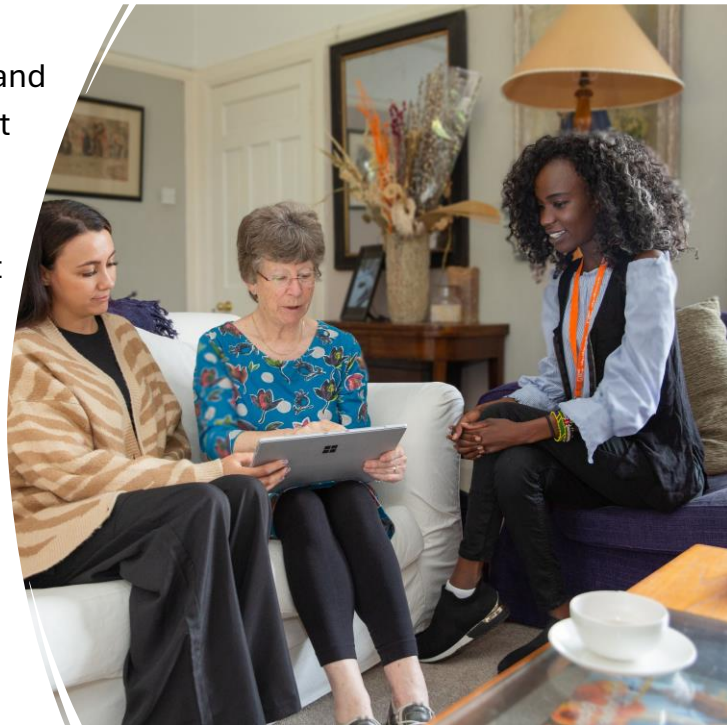
Encourage your loved one to begin with limited care, like once or twice a week. This gradual approach builds trust with their CareGiver and helps them adjust to assistance at home. They may even find it enjoyable and enriching.

## 2. Start Early

Don't wait until safety becomes a concern. If daily tasks are becoming harder, it's time to talk. Early support can help maintain their independence and well-being.

## Choosing the Right Homecare Provider

Finding a trusted homecare provider is key to ensuring your loved one's happiness and your peace of mind. At Right at Home Chippenham, we provide high-quality care that positively impacts our clients' lives. Whether it's occasional help or regular support, we'll work with you to create a plan that feels right.



## 3. Speak from the Heart

Express your feelings calmly and honestly. Assure them they'll remain in control of their life and decisions. A good homecare provider values dignity and independence.

## 4. Put Yourself in Their Shoes

Consider how it feels to need help after a lifetime of independence. Show empathy and understanding to help them feel respected and reassured.

## A Festive Celebration to Remember: Christmas at Right at Home Chippenham



The Christmas gathering on 18<sup>th</sup> December at Right at Home Chippenham was a heartwarming celebration of joy, connection, and community. Clients and CareGivers came together for an afternoon of laughter, creativity, and festive treats, creating memories to close the year.

The event highlighted the **strong sense of belonging** at Right at Home Chippenham. Guests shared stories, bonded over festive activities, and enjoyed a relaxed atmosphere filled with warmth and cheer.

A standout feature of the day was the crafting workshop, where attendees made their own Christmas decorations. Seeing their creativity shine and the pride in their finished pieces added a personal touch to the gathering.

No festive celebration is complete without delicious treats, and the event didn't disappoint. Mulled wine, cupcakes, and other seasonal delicacies brought extra delight. A special thanks goes to CareGiver Hannah Reseigh-Lincoln, whose homemade cupcakes were a highlight of the day.

Jack Miller, MD, summed up the day perfectly, *"Seeing everyone come together in such a joyful atmosphere was truly heartwarming. At Right at Home Chippenham, we strive to create a sense of community, and events like this showcase that spirit."*

As we enter 2025, we thank our incredible CareGivers and Clients for their enthusiasm. Here's to another year of joy, connection, and making a positive impact together.



## THANKS FOR THE COMPLIMENT



“ The carers who visit my wife are pleasant, friendly and respectful. I delight to hear the laughter coming from the bathroom when my wife is being helped in the shower. This interaction between carer and client does my wife a lot of good and I am pleased to have the help of Right at Home carers. ”

-- M P (Husband of Client)

“ My experience has been absolutely awesome with Right At Home. All carers are fantastic and they go above and beyond. They keep me sane and I enjoy the chats we have. They really help me when I need them. ”

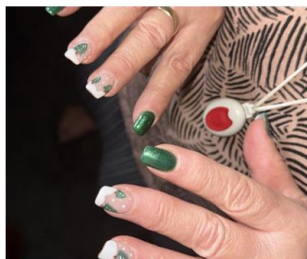
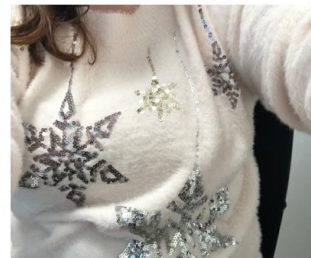
-- J K (Client)

## COMMUNITY INVOLVEMENT

### Celebrating Christmas Jumper Day in Style!

On 12<sup>th</sup> December, our CareGivers and Clients embraced the festive spirit by donning their favourite Christmas jumpers to celebrate this special day. From classic designs to fun and quirky patterns, everyone looked wonderfully festive! It was a heartwarming day filled with smiles, laughter, and plenty of holiday cheer.

Thank you to everyone who joined in the fun and made the day so memorable. Here are some lovely snapshots capturing the joy of the occasion!



## UPCOMING EVENTS

- **3<sup>rd</sup> February 2025 (Mon), 9:00am-4:00pm**  
**Career Fair at Kingsbury Green Academy**  
We're thrilled to introduce students to the rewarding opportunities within the care industry at Career Day.



## OUR PEOPLE CORNER

### Going Extra Mile for Our Clients during Challenging Times

The recent severe flooding in Chippenham and the surrounding areas has made this a challenging time for everyone—our Clients, CareGivers, office team, and the wider community. Despite these difficulties, we've seen incredible resilience and teamwork from all involved. Together, we are making it through.

We would like to give a special shoutout to our CareGiver, **Hannah Reseigh-Lincoln** and **Kudzai**, who have truly gone the extra mile—quite literally! They walked through flooded areas to ensure that every one of our clients received their care visits. Their dedication and compassion remind us why we do what we do.



To Hannah and Kudzai, and to all of our Caregivers and staff working tirelessly during this critical moment: **Thank you for your unwavering commitment. You are the heart of our community.** Let's continue to support one another and stay strong.

### Welcoming our New CareGivers in 2025!

As we step into the new year, we're excited to welcome five new CareGivers to our growing team, including Jessica, Nathan, Kate and Nicola (from left to right)! Fully trained and passionate about making a difference, they are ready to provide exceptional care to our community.



**Here's to a year of growth, connection, and meaningful support together!**

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