

Our monthly newsletter is your go-to guide for catching up on all the latest happenings and exciting events here at Right at Home. Stay in the loop and connected with our community!



Right at Home Mid Hampshire

Delivering the highest quality support which maintains the independence, dignity and wellbeing of our Clients.

A WORD FROM SHANNON HAINES (REGISTERED MANAGER)

As October draws to a close and we look ahead to November, I want to take a moment to reflect on some wonderful moments we've shared this past month. We were thrilled to grant another heartfelt wish through our Tin Full of Wishes program, bringing smiles and meaningful experiences to our clients. October also saw our first kids' Basic Life Support session—a rewarding experience that was as fun as it was educational. And we closed out the month with a lively Halloween lunch club, filled with laughter and festive treats. Thank you to everyone who made these events so special. Here's to a great November filled with new memories!



LATEST NEWS

WHAT'S BEEN GOING ON?

CELEBRATING
OUR SECOND
TIN FULL OF
WISHES
ADVENTURE!

PETE'S MEMORABLE DAY ON THE WATERCRESS LINE

Our second Tin Full of Wishes trip was a heartwarming journey for client Pete Russ, who recently visited the historic Watercress Line. With kind support from the railway, Pete and caregiver, Liz Montgomery, were treated to a guided tour. The day may have been rainy, but it didn't dampen the joy Pete felt as he absorbed each story and fact, even surprising the guide with his own railway knowledge! This special day brought new memories and experiences that brightened Pete's week and warmed our team's hearts.







EMPOWERING
CHILDREN WITH
ESSENTIAL
BASIC LIFE
SUPPORT
SKILLS

AN ENGAGING TRAINING SESSION LED BY OUR SKILLED TEAM

In October, Right at Home Mid Hampshire held an inspiring Kids Basic Life Support training, where Training Coordinator Julie Harris led the session, equipping children with vital life-saving skills. Julie's engaging approach helped young participants learn techniques with confidence, giving them a hands-on introduction to first aid in a fun, supportive setting. Each child left with new knowledge and confidence, ready to respond calmly in emergencies.









UPCOMING DAYS AND **EVENTS**

GUY FAWKES NIGHT (5TH NOVEMBER)

November 5th is Guy Fawkes Night, and we hope you'll join in the seasonal cheer! For a cozy evening, you might enjoy watching the glow of local fireworks displays from a warm spot indoors or joining a safe, supervised outdoor bonfire nearby with family or friends. Staff can help arrange for viewing local celebrations or even a warm drink and treats, like toffee apples or hot cocoa, to keep the night festive.



REMEMBRANCE DAY (10TH NOVEMBER)

On November 10th, we observe Remembrance Day to honour the sacrifices of the armed forces, past and present. Many of us may recall the traditional poppy symbol or stories of bravery and resilience. To join the observance, you might consider watching the televised ceremonies, placing a poppy in remembrance, or even taking a moment of silence at 11 a.m. Staff can help arrange any way you'd like to pay your respects, whether by creating a special moment of remembrance or sharing stories and reflections.



BBC CHILDREN IN NEED (15TH NOVEMBER)

On November 15th, the BBC will air the Children in Need Appeal Show, a wonderful night filled with entertainment, music, and inspiring stories to support disadvantaged children across the UK. If you'd like to get involved, you could watch the show together with friends, family, or staff and take part in the uplifting atmosphere. Staff can also help you make a small donation or even set up a Children in Need-themed activity. Let's come together to show our support for this important cause!



OUR LUNCH CLUB



>>> COME AND SAY HELLO

Join us for a selection of sandwiches and cakes, tea and coffee, music and good company. To book a space please call us on - 023 80 009 595. Please ask us if you need assistance getting here and we can get a carer to accompany you!

OUR UPCOMING LUNCH CLUB DATES:

THURSDAY 12TH DECEMBER @ 11:00AM YMCA EASTLEIGH, SO50 9SB







Congratulations to our

CAREGIVER OF THE MONTH

LIZ MONTGOMERY

We are thrilled to announce that Liz Montgomery is our Caregiver of the Month! Please join us in congratulating her for her exceptional dedication and hard work. Liz has gone above and beyond this past month. Her recent accompaniment of Pete Russ to the Watercress Line is just one example of her commitment to our team and the families we serve. Thank you, Liz, for your incredible contributions!



OCTOBER PUZZLE

This month our puzzle is a Sudoku. Let us know how you get on!

	5	7	4					
					1			2
				5		6		
1		6		2		9	4	
						8	3	
			6					
2	3				5			4
9				3		5		
	6						1	

UNTIL NEXT TIME...

As we move into November, I want to take a moment to express my gratitude for the dedication and hard work of our entire team. This month brings new opportunities to enhance our care services and strengthen our connections. We are excited to implement some new initiatives that will further improve our support and engagement with clients. Let's continue to work together with compassion and commitment, ensuring that we provide the highest quality of care to those who rely on us.